



Take back control of the bladder



► tensiplus.com/en
@ contact@stimuli-technology.com

DV02010 022023



Overactive bladder treatment

Stimulation of the posterior tibial nerve by transcutaneous electrical nerve stimulation (TENS). Indication: treatment of idiopathic or neurological overactive bladder. DM class IIa. CE 2797: BSI.

Read the leaflet carefully. This medical device is reimbursed under the LPP in France according to the following indications:

- rental: 6 to 8 weeks, limited to 26 weeks
- purchase: after the rental period and post-therapeutic control.

Overactive bladder symptoms

- Characterised by involuntary bladder contractions. This syndrome mainly manifests as a frequent, sudden and uncontrollable urge to urinate at any time, day or night and can sometimes lead to urine leakage.



Urgenturia

The desire is irrepresible and urgent.



Pollakiuria

The desire to urinate exceeds 8 times per day.



Nycturia

The need to urinate occurs at least once per night.



Urge incontinence

It is impossible to hold it.

Stimulation of the posterior tibial nerve

- Tensi+ uses the technique of transcutaneous electrical nerve stimulation (TENS) of the posterior tibial nerve. This technique is non-invasive and non-medicinal, and does not have any side effects.

Clinically proven*:

- Efficacy achieved after 3 months of treatment.
- One 20-minutes treatment session a day for an initial period of 3 months enables the symptoms of overactive bladder to be reduced and the quality of life to be improved.

*Arrabal-Polo MA, Palao-Yago F, Campon-Pacheco I, Martinez-Sanchez M, Zuluaga-Gomez A, Arrabal-Martin M. Clinical efficacy in the treatment of overactive bladder refractory to anticholinergics by posterior tibial nerve stimulation. Korean J Urol. 2012 Jul.
Tellenbach M, Schneider M, Mordasini L, Thalmann GN, Kessler TM. Transcutaneous electrical nerve stimulation: an effective treatment for refractory non-neurogenic overactive bladder syndrome? World J Urol. 2013 Oct 31.

Tensi+ : an innovative and intuitive medical device



Simple to fit



Easy to use



Discreet



Autonomous use

- Developed in cooperation with French urologists and experts, specialized in the treatment of overactive bladder, and designed with the involvement of patients.
- Tensi+ is indicated for the treatment of idiopathic or neurological overactive bladder. Tensi+ is suitable for adult men and women of any age.



Treatment

- **Week 1:** use Tensi+ every day for 20 minutes.
- **Week 6:** a decrease in symptoms is observed and the first effects start to appear.
- **Week 12:** significant improvement in the symptoms of overactive bladder. The initial treatment phase is complete.
- **Following weeks:** use Tensi+ to maintain the improvement.

